

# 1987 Region 8A Boys Championship - Walker

**Teams-** Park Rapids 108, Walker-Hackensack 80, East Grand Forks 53, Crookston 52, Stephen 47, Roseau 39, Twin Valley 28, Ada-Borup 20, Bagley 16, Fertile-Beltami 16, Fosston 16, Fisher 11, G? 11, Hallock 7, MCS 6, Mahnomen 4, Warroad 4, Murray County Central-Maple River 2, Norman County West 2, Waubun 2, Cass Lake 1, Red Lake Falls 1, Sacred Heart 1.

## 110 Meter High Hurdles

- 1 Ron Soukup, Park Rapids 15.5
- 2 Steve Kraft, Twin Valley 15.5
- 3 Symanski, EGF 15.7
- 4 Kuznia, Stephen nt
- 5 Lund, Roseau 16.1
- 6 Steenerson, RLF nt

## 100 Meter Dash

- 1 Todd Vik, Park Rapids 11.4
- 2 Tim Dutcher, Roseau 11.5
- 3 Narum, G 11.6
- 4 Boucher, Crookston 11.6
- 5 Wilkes, WH 11.7
- 6 Slater, Fisher 11.7

## Sprint Medley Relay

- 1 Crookston 3:41.1
- 2 Park Rapids 3:41.5
- 3 Stephen 3:42.0
- 4 Fisher 3:51.4
- 5 Walker-H 3:51.5
- 6 Mahnomen 3:53.2

## 1600 Meter Run

- 1 Troy Larson, Park Rapids 4:26.7
- 2 Len Knapp, Bagley 4:27.1
- 3 Wayne Kazmierczak, Stephen 4:27.6
- 4 Sersland, East Grnd Frks 4:43.2
- 5 Reid, Walker-H 4:45.2
- 6 Fox, CL 4:45.5

## 4x100 Meter Relay

- 1 Walker-Hackensack 44.4
- 2 Crookston 44.7
- 3 Park Rapids 45.3
- 4 G 45.6
- 5 Roseau 45.7
- 6 Hallock 46.8

## 400 Meter Dash

- 1 Brian Pelzman, Ada-Borup 50.7
- 2 Dan Firehammer, Park Rapids 51.4
- 3 Sanders, Walker-H 51.6
- 4 Kostrzewski, Stephen 52.3
- 5 Bilben, Walker-H 52.4
- 6 Perkins, EGF 52.5

## 300 Meter Intermediate Hurdles

- 1 Mitch Wang, Fertile-B 40.8
- 2 Brian Lund, Roseau 41.4
- 3 Harsha, Park Rapids 41.5
- 4 Knutson, Bagley 41.6
- 5 Soukup, Park Rapids 41.9
- 6 Gunderson, G 41.9

## 800 Meter Run

- 1 Wayne Kazmierczak, Stephen 1:59.4
- 2 Mike Reid, Walker-H 1:59.9
- 3 Pelzman, Ada-B 2:01.9
- 4 Knapp, Bagley 2:04.1
- 5 Pietruszewski, Stephen 2:04.3
- 6 Cavalier, Crookston 2:06.9

## 200 Meter Dash

- 1 Jason Boucher, Crookston 23.0
- 2 Russ Wilkes, Walker-H 23.1
- 3 Slater, Fisher 23.6
- 4 Clyde, Walker-H 23.7
- 5 Letexier, Roseau 23.8
- 6 Burdick, Mahnomen 23.9

## 3200 Meter Run

- 1 Troy Larson, Park Rapids 9:31.5
- 2 Shannon Sersland, East Grnd Frks 10:09.9
- 3 Curfman, Fosston 10:11.5
- 4 Riley, Ada-B 10:31.2
- 5 Conklin, Waubun 10:33.2
- 6 Safranski, Stephen 10:42.2

## 4x400 Relay

- 1 Walker-Hackensack 3:30.0
- 2 East Grand Forks 3:30.0
- 3 Park Rapids 3:33.6
- 4 Stephen 3:36.3
- 5 Mahnomen 3:38.1
- 6 Roseau 3:38.2

## Shot Put

- 1 Warren Paulson, Fosston 51-0
- 2 Troy Ausmus, East Grand Forks 50-1.5
- 3 Miner, Crookston 49-9.5
- 4 Hulst, Roseau 47-8.5
- 5 Helgeson, Roseau 47-1.75
- 6 Larson, Ada-B 46-8.5

## Discus

- 1 Jon Helgeson, Roseau 155-1
- 2 Jason Daniels, Walker-H 151-3
- 3 Englestad, MCS 150-10
- 4 Stewart, Hallock 149-8
- 5 Christianson, NCW 140-5
- 6 Longtin, Crookston 132-6

## Long Jump

- 1 Mark Amundson, East Grand Forks 20-11
- 2 Dave James, Park Rapis 20-7
- 3 Rud, Stephen 20-2.5
- 4 Holden, Crookston 20-1.25
- 5 Pemberton, MCC-MR 19-5.5
- 6 Sage, Warroad 19-5

## Triple Jump

- 1 Vince Sanders, Walker-H 42-8.25
- 2 Mark Amundson, East Grand Forks 42-8
- 3 James, Park Rapids 41-3.25
- 4 Rud, Stephen 41-2
- 5 Sage, Warroad 40-2.5
- 6 Olsson, Park Rapids 20-2.5

## Pole Vault

- 1 Greg Steele, Park Rapids 12-6
- 2 Jeff Bergmann, Walker-H 12-6
- 3 Dunbar, Twin Valley 12-0
- 4 Smythe, Park Rapids 11-6
- 5 Packer, Park Rapids 11-6
- 6 Janzen, Warroad 11-6

## High Jump

- 1 Jeremy Thornton, Twin Valley 6-6
- 2 Steele Senske, Crookston 6-2
- 3 Wang, Fertile-B 6-0
- 4 Kraft, Twin Valley 6-0
- 5 Johnson, Hallock 6-0
- 6 James, Park Rapids 5-8

**Notes:** On the score sheet school names were abbreviated. The team scores are guesses, but school 'G' could be any # of schools that start with G. If there are errors, please contact me.